

Suicide Care During Telehealth – Useful Links

Rocky Mountain MIRECC for Suicide Prevention

<https://www.mirecc.va.gov/visn19/>

Theapeutic Risk Assessment

<https://www.mirecc.va.gov/visn19/trm/>

Suicide Consultation Program – Supporting Providers who Serve Veterans

<https://www.mirecc.va.gov/visn19/consult/index.asp>

Postvention

<https://www.mirecc.va.gov/visn19/postvention/>

Podcast

<https://www.mirecc.va.gov/visn19/education/media/>

VA/DoD Clinical Practice Guidelines

<https://www.healthquality.va.gov/guidelines/MH/srb/>

Pocket Guide

<https://www.healthquality.va.gov/guidelines/MH/srb/VADoDSuicideRiskCPGPocketCardFinal5088212019.pdf>

Lethal Means Counseling

<https://www.healthquality.va.gov/guidelines/MH/srb/LethalMeansProviders20200527508.pdf>

Zero Suicide

<https://zerosuicide.edc.org/>

Joint Commission

Aeschi Model

<http://www.konradmichel.ch/Aeschi%20Introduction.pdf>

Columbia Suicide Rating Scale – Triage and Risk Identification

<https://cssrs.columbia.edu/the-columbia-scale-c-ssrs/risk-identification/>

Psychsurveys

<https://www.psychsurveys.com/>

Culturally Competent Approaches to Suicide Prevention

<https://www.sprc.org/keys-success/culturally-competent>

Safety Planning

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Worksheet

<https://www.healthquality.va.gov/guidelines/MH/srb/PHCoEPatientSafetyPlanSelfPrint3302020508.pdf>

Fillable Worksheet

<https://www.healthquality.va.gov/guidelines/MH/srb/PHCoEPatientSafetyPlanFillable3302020508.pdf>

Instructions for Providers

<https://www.healthquality.va.gov/guidelines/MH/srb/PHCoESafetyPlanInstructionsSelfPrint3302020508.pdf>

My 3 Safety Planning App

<https://my3app.org/safety-planning/>

Suicide Safety Plan App

<https://apps.apple.com/us/app/suicide-safety-plan/id1003891579>

Apps

Psyberguide

<https://onemindpsyberguide.org/>

COVID Coach

<https://mobile.va.gov/app/covid-coach>

<https://onemindpsyberguide.org/blog/mental-health-app-qa-how-can-covid-coach-help-during-the-pandemic/>

Virtual Hopebox

<https://onemindpsyberguide.org/apps/virtual-hope-box-review/>

Stop Breathe Think Kids

<https://www.stopbreathethink.com/kids/>

Books

Helping the Suicidal Person

https://www.amazon.com/Helping-Suicidal-Person-Techniques-Professionals/dp/1138946958/ref=sr_1_1

Aeschi Model

<https://www.apa.org/pubs/books/4317248>

Choosing to Live

<https://www.amazon.com/Choosing-Live-Suicide-Through-Cognitive/dp/1572240563>